**Task Sheet 1 - Distractions**

**No hands on the Steering Wheel!**

1. Who may be affected by this driver’s actions?
2. What would you advise the driver to do?
3. What other actions may cause a driver to take their hands off the steering wheel?

**No Eyes on the Road!**

1. What may cause the driver to take his/her eyes off the road?

**Mind Not on Driving!**

1. How can your emotions affect how you drive on the road?