

**SWINE FLU  
INFORMATION**

[www.direct.gov.uk/swineflu](http://www.direct.gov.uk/swineflu)

0800 1 513 513

# Catch it.

Cough or sneeze into a tissue.



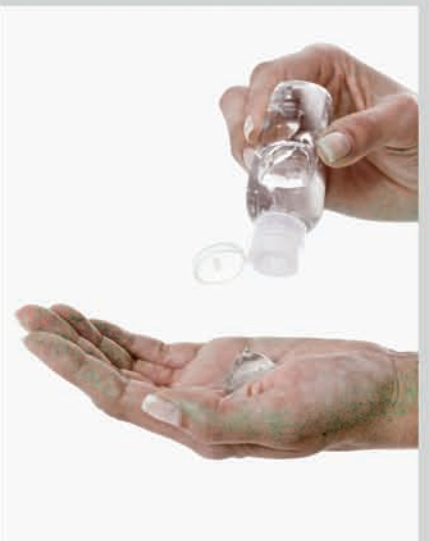
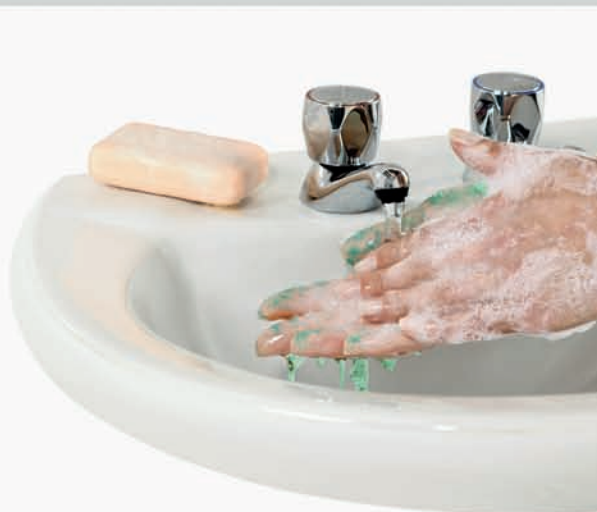
# Bin it.

As soon as you can.



# Kill it.

Kill the germs with soap and water or use a sanitiser gel.



Flu. Protect yourself and others.

